



WHEN SHOULD YOU CALL 9-1-1? MEDICAL EMERGENCIES

- ✓ Shortness of breath or difficulty breathing
- ✓ Any symptoms of a heart attack, including chestpain, pain in the left arm or the jaw, suddenweakness or dizziness
- ✓ Signs of a stroke such as slurred speech, severe headache, weakness or numbness on one side of the face or body, or loss of consciousness
- ✓ Life or limb are at risk



WHEN TO GO TO EMERGENCY ROOM

- ✓ Chest pain or difficulty breathing
- ✓ Weakness/numbness on one side
- ✓ Severe cuts that may require stitches
- ✓ Fainting/change in mental state
- ✓ Serious burns
- ✓ Head or eye injury
- ✓ Severe cold or flu symptoms
- ✓ Concussion/confusion
- ✓ Seizures



WHEN TO GO TO URGENT CARE CENTER

URGENT CARE CENTERS ARE FOR WHEN YOU CAN'T WAIT FOR AN APPOINTMENT WITH YOUR DOCTOR, BUT YOU DON'T QUITE NEED AN EMERGENCY ROOM.

- ✓ Fever without a rash
- ✓ Vomiting or persistent diarrhea
- ✓ Abdominal pain
- ✓ Wheezing or shortness of breath
- ✓ Dehydration
- ✓ Moderate flu-like symptoms
- ✓ Sprains and strains
- ✓ Small cuts that may require stitches



WHEN TO GO TO WALK-IN CLINIC

WALK-IN CLINICS OFFER CONVENIENT SAME-DAY CARE FOR MINOR ILLNESSES AND HEALTH CARE NEEDS FOR BOTH ADULT AND PEDIATRIC PATIENTS.

- ✓ Sports physicals
- ✓ Mild flu-like symptoms
- ✓ Cough and congestion symptoms
- ✓ Sore throat
- ✓ Ear pain
- ✓ Eye redness, discharge or itchiness
- ✓ Painful urination
- ✓ Rashes without fever



WHEN TO CALL NURSE NAVIGATOR

The ACHD Nurse Navigator is ready to help answer your general healthcare questions, assist you with finding a doctor, guide you to available healthcare services and provide you with information to improve your overall health and well-being.

Call our Nurse Navigator at 573-581-1332

Feel free to leave a message and we will return your call same day or next business day.



COVID-19 VACCINATION?

Call 573-581-1332 or schedule online at

myACHD.as.me

Information brought to you by



ACHD
Audrain County
Health Department

