

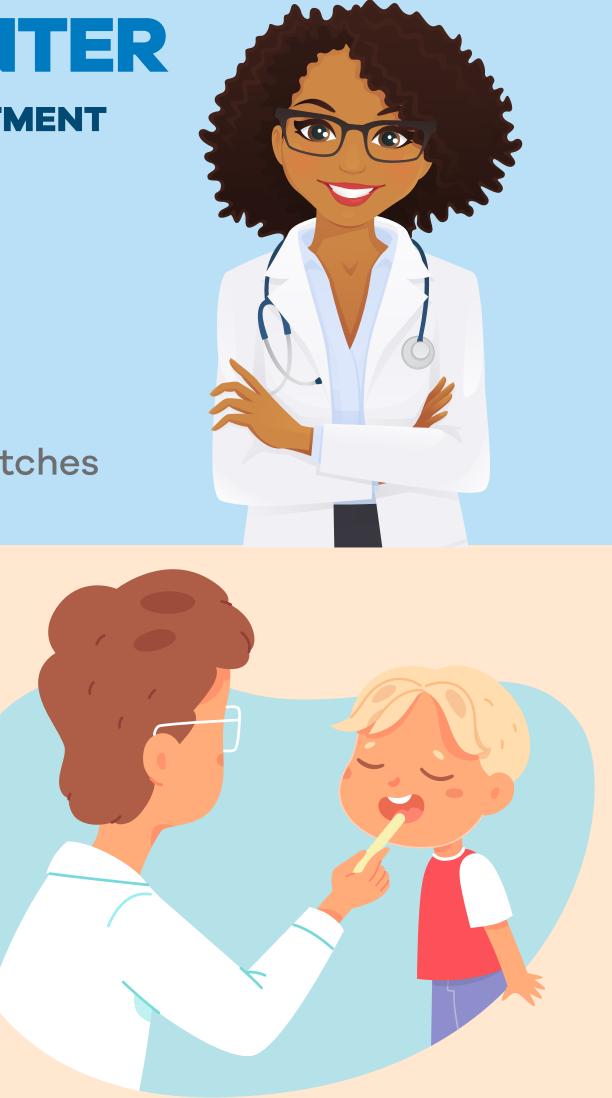
- Shortness of breath or difficulty breathing
- Any symptoms of a heart attack, including chestpain, pain in the left arm or the jaw, suddenweakness or dizziness
- Signs of a stroke such as slurred speech, severe headache, weakness or numbness on one side of the face or body, or loss of consciousness
  - Life or limb are at risk

## WHEN TO GO TO EMERGENCY ROOM

- Chest pain or difficulty breathing
- Weakness/numbness on one side
- Severe cuts that may require stitches
- Fainting/change in mental state Serious burns
- Head or eye injury
- Severe cold or flu symptoms
- Concussion/confusion
- Seizures







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HEN TO GO TO URGENT CARE CENTER URGENT CARE CENTERS ARE FOR WHEN YOU CAN'T WAIT FOR AN APPOINTMENT WITH YOUR DOCTOR, BUT YOU DON'T QUITE NEED AN EMERGENCY ROOM.

- Fever without a rash
- Vomiting or persistent diarrhea
- Abdominal pain
- Wheezing or shortness of breath
- Dehydration
- Moderate flu-like symptoms
- Sprains and strains
- Small cuts that may require stitches



#### WHEN TO GO TO WALK-IN CLINIC WALK-IN CLINICS OFFER CONVENIENT SAME-DAY CARE FOR MINOR ILLNESSES

AND HEALTH CARE NEEDS FOR BOTH ADULT AND PEDIATRIC PATIENTS.

- Sports physicals
- Mild flu-like symptoms
- **Cough and congestion**
- symptoms
- Sore throat

- Ear pain
- Eye redness, discharge
- or itchiness
- **Painful urination**
- **Rashes without fever**





#### WHEN TO CALL NURSE NAVIGATOR

The ACHD Nurse Navigator is ready to help answer your general healthcare questions, assist you with finding a doctor, guide you to available healthcare services and provide you with information to improve your overall health and well-being.

#### Call our Nurse Navigator at 573-581-1332

Feel free to leave a message and we will return your call same day or next business day.

# **COVID-19 VACCINATION?**

Call 573-581-1332 or schedule online at

### myACHD.as.me

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